

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



May 2019

Grandhaven Living Center Memory Care
Boardwalk & Cottage

Daily Chronicles, M-F 8:30am

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00 Mindful Movements 11:00 Sensory group 1:15 Wellness hour 2:00 Outing: MSU Botanical Garden 3:00 Beer w/boys 4:00 Target practice 6:30 Movie <small>May Day</small>	2 10:00 Mindful Movements 11:00 Puzzles 1:15 Wellness hour 2:00 Music w/ Wendy ♪ 3:00 Work Of heART: 4:00 Bowling 6:00 Aromatherapy	3 10:00 Mindful Movements 11:00 Trivia 1:15 Wellness hour 2:00 Gardening 3:00 Happy hour 4:00 Hunting/fishing 6:00 Movie	4 10:15 Tunes & movements 11:00 Puzzles 1:00 Wellness hour 2:00 Bingo 3:00 Beauty hour
5 4:00 Church service: Pilgrim Rest Baptist Church <small>Cinco de Mayo</small>	6 10:00 Mindful Movements 11:00 Cranium Crunches 1:15 Wellness hour 2:00 Sensory/ pampering 3:00 Beer w/boys 3:00 Cinco de Mayo party 4:00 Bowling 6:15 Aromatherapy <small>Ramadan</small>	7 10:00 Mindful Movements 11:00 Mindful Moments 1:15 Wellness hour 2:00 Work of heART: Tissue paper flowers 3:00 Bible study /hymns 4:00 Balloon tennis 6:15 Stories	8 10:00 Mindful Movements 11:00 Sensory group 1:15 Cooking demo 3:00 Wellness hour 4:00 Wine Down Wednesday 6:30 Movie	9 10:00 Mindful Movements 11:00 Puzzles 1:15 Wellness hour 2:00 Work of heART: Mother's Day craft 3:00 Tea 4:15 Songfest 6:15 Aromatherapy	10 10:00 Mindful Movements 11:00 Trivia 1:15 Wellness hour 2:00 Men's club 3:00 Happy Hour 3:30 Live music: Jeff ♪ 6:00 Movie	11 10:15 Tunes & movements 11:00 Friends & Family Mother's Day Brunch 2:00 Hunting / fishing 3:00 Beauty hour
12 4:00 Church service: New Direction Church <small>Mother's Day</small>	13 10:00 Mindful Movements 11:00 Cranium Crunches 1:15 Wellness hour 2:00 Work of heART: 3:00 Bingo 4:00 Target practice 6:15 Aromatherapy	14 10:00 Mindful Movements 11:00 Mindful Moments 1:15 Wellness Hour 2:00 Giving Back: Humane Society 3:00 Bible study 3:30 Communion 4:00 Bowling 6:15 Stories	15 10:00 Mindful Movements 11:00 Sensory Group 1:15 Cooking demo 3:00 Wellness hour 4:00 Puzzles 4:00 Beer w/boys 6:30 Movie Night	16 10:00 Mindful Movements 10:45 Outing: Cheddar's 2:00 Wellness Hour 3:00 Work of heART: 4:00 Karaoke & dancing 6:15 Aromatherapy	17 10:00 Mindful Movements 11:00 Beauty hour 1:15 Women's club 2:00 Gardening 3:30 Live music: Marty ♪ 4:00 Happy hour 6:00 Movie	18 10:15 Tunes & movement 11:00 Puzzle 1:00 Wellness hour 2:00 Hunting/fishing 3:00 Bingo <small>Armed Forces Day</small>
19 4:00 Church service: New Home Missionary	20 10:00 Mindful Movements 11:00 Cranium Crunches 1:15 Food Council 2:00 Work of heART 3:00 Wellness hour 4:00 Puzzle 6:15 Aromatherapy <small>Victoria Day (Canada)</small>	21 10:00 Mindful Movements 11:00 Mindful Moments 1:15 Wellness hour 2:00 Giving Back: staff 3:00 Bible study /hymns 4:00 Target practice 6:15 Stories	22 10:00 Mindful Movements 11:00 Sensory group 1:15 Cooking demo 3:00 Wellness hour 4:00 Wine Down Wednesday 6:30 Movie	23 10:00 Mindful Movements 11:00 Puzzle 1:15 Wellness hour 2:00 Work of heART: 3:00 Tea 4:00 Bowling 6:15 Aromatherapy	24 10:00 Mindful Movements 11:00 Trivia 1:15 Bake cake 2:00 Wellness hour 2:00 Men's club 3:00 Celebrate April birthdays! 4:00 What's in the Bag? 6:15 Movie	25 10:15 Tunes & movement 11:00 Puzzle 1:00 Wellness hour 2:00 Hunting/fishing 3:00 Bingo
26 4:00 Church Service South Church	27 10:00 Mindful Movements 11:00 Cranium Crunch 1:15 Residents Council 2:00 Work of heART: 3:00 Dancing and karaoke 4:00 Hunting/fishing 6:15 Aromatherapy <small>Memorial Day</small>	28 10:00 Mindful Movements 11:00 Mindful Moments 1:15 Wellness Hour 2:00 Giving Back: Humane Society 3:00 Bible study /hymns 4:00 Floor hockey 6:15 Stories	29 10:00 Mindful Movements 11:00 Sensory Group 1:15 Cooking Demo 3:00 Wellness Hour 3:00 Beer w/boys 4:00 Walking club 6:30 Movie	30 10:00 Mindful Movements 11:00 Puzzles 2:00 Wellness Hour 3:00 Work of heART: 4:00 Bingo 6:15 Aromatherapy	31 10:00 Mindful Movements 11:00 Trivia 1:15 Wellness hour 2:00 Gardening 3:00 Happy Hour 4:00 Walking club 6:00 Movie night	<u>Daily Pathway</u> 8:30 Daily Chronicles 10:00 Mindful Moments exercise 11:00 Cranium Crunches 1:15 Wellness hour 2:00 Creative activity 3:00 Social/active activity 4:00 Social/active activity